INTERNATIONAL PERFORMANCE BIENNIAL -PERFOARTNET 2018 T1

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Many pieces of art tell us about a time period, social situations, or personal conflicts that help us to understand what happened. Others question who we are and what we think or feel, and others inspire us to transform our lives or environment.

A photograph, a video, or a body in action can stir infinite thoughts and feelings in the people who appreciate them. We have laughed and cried watching a movie, as well as with many other works, books, and pieces of art that have enlightened us. Therefore, we invite all those who use their body as a form of expression to share how they peacefully react to what affects them as individuals and their environment. Reflecting on this helps raise awareness, form memories, and generate consciousness and social commitment.

The three exhibitions have the topic of "activism" as a central theme, in terms of the mental process and the active attitude toward the developments of existence. Over this last decade, we have seen how social movements, NGOs, and indigenous and rural communities protest against what oppresses us, symbolically using their bodies to demand their rights through collective action generated in different parts of the planet, which transforms activism from an extreme and violent militancy into an attitude committed to social change, in order to benefit the CommUnity and the environment.

Gestures, Physical, and Visceral Movement **T1a**
February 1 - March 22, 2019

Theater, dance, the body in tension with internal and external conflicts, where a gesture, an expression, a look, and agitated breathing become a means of expression when words are not enough to narrate what happened.
Our body is a tool, a surface, and material of study that connects us with ancestors, animals, land, and with the cosmos, seeking our limits and our fears, in a ritual that makes us confront ourselves and becomes a mirror of a world that is simultaneously absurd and beautiful.
Here, we are not talking about societal or individual struggles, we are not speaking with words; we are feeling, experiencing. We try to unfold the image so that we can perceive other realities—other ways of seeing, feeling, and coexisting.

Gender, Race, and Relationship Manifestos **T1a**
April 4-26, 2019

Artists, activists, gay people, men, women, transgender people, social organizations, fathers and mothers talking about their problems, difficulties, rejections, segregations, xenophobia, or views.

Accepting ourselves as we are is already a challenge, and it is even more difficult for our families, friends, and communities to accept us exactly as we are. It is absurd that we are segregated by the color of our skin, or by our sexual orientation or gender. It is inconceivable that year after year, human beings die or are attacked for not meeting the standards imposed on men or women as a strategy to control society and our bodies.

Speaking from the heart and from personal experience in a society that tries to homogenize individuals and relationships is an act of resistance to biopower or control over our bodies.

Social, Political, and Critical Body **T1a**

June 27 - August 18, 2019

It is inevitable that what happens around us does not make us shout or often react with words and other times with events that aim to indicate or light our way. Here, bodies are mediums that speak for that social body, spokespeople of communities, mediators of a society silenced by oppression. They indicate what affects all of us and everything; they are overwhelmed by the current situation and try to set off micro-protests that generate citizen awareness and social commitment. They can take ephemeral actions in public places aimed at boosting empowerment, confidence, respect, solidarity, teamwork and mutual well-being. Aware of the past and the present, they present proposals that wish for another future, another way of coexisting; therefore, they choose the option of speaking about life, from life, and for life.

Commented [C1]: Nota de traductor:
Solicitamos revisar la porción resaltada para confirmar si hemos interpretado bien el original, ya que parece ser contradictoria.

Sugerimos:

"It is inevitable that what happens around us sometimes makes us shout…."